

Fruit of the Spirit: Meekness
Matthew 5.5

Introduction:

The Greek word for meekness appears in all of these:
Ephesians 4.26-27; Ephesians 4.2; Philippians 4.5;
Colossians 3.12; Titus 3.1-2; Matthew 11.29;

- I. Knowing when and how to be a _____**
- A. Be angry and do not s_____
- B. Choosing the right r_____ to be anger
- II. Knowing how to show s_____**
- A. Essential to meekness is s_____
- B. But this strength is always c_____
- III. Knowing that you need to l_____**
- A. Meek people know the n_____ to learn
- B. Meek people are t_____

Conclusion:

Questions for reflection or small group discussion

- We have studied seven of the fruit of the Spirit. Can you name them in the order they appear in scripture?
- How do you define meekness? Why do you suppose many translations use the word gentleness?
- Can you give examples of the meekness of Jesus?
- Name some person you know who is meek?
- Would other people describe you as meek? Why/not?
- Do you need to confess a time or place where you have been angry and sinned in that anger?
- How do meekness and humility relate to each other?
- Can you make a list of things that rightfully cause you anger?
- How can we be angry and righteous in our behavior?
- Would others say that you are teachable?
- Where have you been resistant to good teaching?
- Could you make a list of subjects about which you need to learn in order to gain spirituality maturity?
- How is the subject of meekness counter to our culture?
- Do you believe that the meek will inherit the earth?