

Fruit of the Spirit: Self-Discipline

2 Timothy 1.7; 2.3-7

April 13 & 14, 2019

Introduction

I. What the fruit of self-discipline is not . . .

- A. This is not self-m_____
- B. This is not self-i_____
- C. This is not will p_____

II. What the fruit of self-discipline is . . .

- A. Self-discipline is a m_____ (the soldier)
 - 1. Some disciplines are a _____
 - 2. Some disciplines are a _____
- B. Self-discipline is a m_____ (the athlete)
 - 1. Disciplines c_____ us to lose energy
 - 2. Disciplines c_____ new energy
- C. Self-discipline is m_____ (the farmer)
 - 1. S_____ seedlings come first
 - 2. S_____ crops come over time

Conclusion:

Questions for reflection or small group discussion

- We have studied eight of the fruit of the Spirit. Can you name them in the order they appear in scripture?
- How do you define self-discipline?
- How would you rate your self-discipline?
- What is the source of your self-discipline?
- Name some person you know who has self-discipline?
- What do you admire most about this person?
- Can you give an example of some spiritual discipline that has become habitual for you?
- Where are you facing a new situation right now or one you are likely to face in the near future that will require spiritual discipline to be applied?
- What discipline are you engaged in right now that is making you feel tired and you are tempted to quit?
- What should you be doing to recover from that weariness that would help you keep on?
- What spiritual discipline have you tried that you gave up on because it was just too big and overwhelming?
- How could you break that down into smaller steps?
- If indeed you need spiritual disciplines and it is the fruit of the Spirit, where will you turn to find help?